

# MEADOWLAKE FARMS HOMES ASSOCIATION

## Pool Rules

Lifeguards are authorized to take such actions as they deem necessary to promote the safety and enjoyment of the pool and pool area. Instructions provided by the lifeguards shall always be followed.

- **Attentive Supervision:** Members and guests will maintain vigilant attendance of their children at all times.
- **Lifeguards:** Members should not engage in conversations with the guards while they are on duty/in chair. Please try and ask questions during rest periods.
- **Adult Swim:** At ten minutes before every hour the guards will blow whistles to signal the beginning of a ten-minute rest period. This is time for young swimmers to exit the pool and remain behind the coping stones/bricks around the pool. Patrons 16 or older are allowed to swim at their own risk during this period. (When both lifeguards are up on lifeguard chairs, or on days of extreme heat, the break will be called at 15 minutes before the hour.)
- **Swim Test:** Patrons under 16 must pass the lifeguard administered swim test (1 length of the pool, continuous swim plus one minute treading water) to access the deep end (8 foot, roped-off area) of the pool.
- **Diving:** Diving is allowed only from the end (not sides) of the roped-off, 8-foot, area of the pool.
- **Safety Flotation Devices:** ONLY Coast Guard regulated flotation devices are permitted to be used for safety of non-swimmers (No mermaid tails, dolphin tails, water wings, etc.).
- **Safe Play:** Always face the water upon entry. Jumping is acceptable but please no flips or handstands from the sides. No running, hitting, throwing swimmers, flipping towels, sitting on shoulders, wrestling, dunking or grabbing heads or necks or any other unsafe disturbance will be allowed.
- **Toys:** Small, soft plastic, unbreakable toys are allowed in the pool. Soft nerf balls, basketball playing, and use of recreational flotation devices will be allowed at the discretion of the lifeguard and will be limited to certain areas of the pool. Hard balls are not permitted in the pool area.
- **Bathing Suits:** Only bathing suits are to be worn in the pool. No cut-off jeans or street clothing.
- **Swim Diapers:** Any person who is incontinent or not toilet-trained must wear appropriate waterproof clothing/swim diapers when entering or being carried into the pool(s). Standard disposable diapers are not permitted in the pool(s).
- **Wading Pool:** Children using the wading pool must be accompanied by a responsible care provider. The wading pool is for children age 4 and under.
- **Bicycles:** Bike racks are available for your use. Bicycles, skateboards and scooters shall remain outside the gate.
- **Pets:** Pets are not allowed in the pool or pool deck. Certified service animals are welcome.
- **Tobacco products/Alcohol:** Please no alcoholic beverages or smoking/vaping within the gated grounds.
- **Glass, Metal:** No glass or sharp metal objects are allowed in the pool area.
- **Lightning/Thunder:** The pool and deck will be cleared and closed during any evidence (heard or seen) of lightning. The pool will not reopen until there has been no lightning or thunder for 30 minutes. The 30-minute period restarts after each sound of thunder or sighting of lightning. If severe storms are predicted the pool may close for the day upon management approval.

All comments or suggestions should be submitted to [mfha09@gmail.com](mailto:mfha09@gmail.com). The Board will make final decision and action.